

the 2023 BUCKET list

new things to try

- _____
- _____
- _____

something to go without for a month

- _____

things to do for myself

- _____
- _____
- _____
- _____
- _____
- _____

a goal to achieve by my birthday

- _____

what will help me get there

- _____
- _____
- _____

things to do with friends

- _____ _____
- _____ _____
- _____ _____
- _____ _____

things & places to see this year

- _____ _____
- _____ _____
- _____ _____
- _____ _____

things to do once a MONTH

<input type="checkbox"/> January	<input type="checkbox"/> April	<input type="checkbox"/> July	<input type="checkbox"/> October
<input type="checkbox"/> February	<input type="checkbox"/> May	<input type="checkbox"/> August	<input type="checkbox"/> November
<input type="checkbox"/> March	<input type="checkbox"/> June	<input type="checkbox"/> September	<input type="checkbox"/> December

work goals

- _____
- _____
- _____

1 thing I'll do to make the world a better place

- _____

perform a random act of kindness

- _____

3 ways in which I will take better care of my health

- _____
- _____
- _____

note your favourite 2023 memories here
